Good Luck on finals week! We recognize all the hard work and excellence that you have put into making it to this point in the quarter. We wish you the best, encourage you to stay hydrated and get some sleep before taking the stressful and challenging tests. Yes, your wellness and your mental health matters more than you think. Reach out to us in EOP during this time or over winter break, we are still here for you! Stay safe and Happy Holidays from all of us in EOP.

From EOP

EOP Services

We are still providing services to students. Please do not hesitate to reach out to us!

See you next year!

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Do you want to be part of research on First-Generation Latinx student identity at UCSB?

We would like to invite Latinx-identifying students interested in sharing student identity survey data. The survey will take approximately between 10-20 minutes. Those who participate will receive a gift card for their participation.

https://sonda.ucsb.edu/FRP/12

Find out more about this program.

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Real Talk: First Generation Community

Join us on Tuesday meetings to build community, learn about resources, socialize, and chat with ONSA and ONDA Peer Mentors.

Weeks 2-3
Tuesdays, 11am - 12pm
Location: East Lagoon Terrace, SRF